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Man beaten in south end street scrap

ATTACK Police are searching for several suspects after a man was injured in a fight in the city's southeast end early yesterday.

At around 1:30 a.m. yesterday, police responded to a report of a fight in the 2300 block of Russell Road, where they found a man suffering from head injuries. He was taken to hospital, where he remained yesterday in stable condition with non-life-threatening injuries, said east division Sergeant Russ Hrabchak.

Police believe a weapon was used in the attack, but they are still unsure of what kind of weapon it was. Hrabchak said.

Police have yet to take any suspects into custody, but are seeking several people. The investigation is continuing.

Call east division police at 613-236-1222 ext. 3212, with information.

TRACEY TONG/METRO OTTAWA

Election 2008 pgs 8,9

- AdVentures goes behind campaign ads
- Green Train starts its cross-country trek
- Harper heads West
- Layton reveals his musical taste

Celeb Buzz pg 18



Duchovny OK in sex rehab



A member of a Canadian Air Force honour guard bows his head in remembrance during a fly-past of vintage World War II aircraft — Spitfires and a Hurricane, led by an Avro Lancaster — at a ceremony to mark the 68th anniversary of the Battle of Britain yesterday, at the Canadian Aviation Museum.

City ceremony recalls battle

TIM WIECLAWSKI
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In the fall of 1940, German planes were bombing English cities relentlessly, hoping to break the nation's air defence and citizens' morale.

Nazi barges and paratroopers were poised to invade, but after months of battle a multinational Royal Air Force prevailed in the Battle of Britain, in which Canadian flying aces and ground crews made a large contribution.

At Ottawa's Canadian Aviation Museum yesterday, British High Commissioner Anthony Cary marked the

Pilots lost

- One in five pilots were killed during the battle and none of the Canadian pilots who flew in the Battle of Britain survive today.

battle's 68th anniversary at a ceremony that commemorated the Canadian contribution to the victory.

Of the 2,900 pilots who flew in the Battle of Britain, 103 were Canadian. But even above the pilots, another 2,000 Canadians who worked as ground crew are credited with helping tip the scales for the Allies.

"The Luftwaffe had superiority in aircraft numbers

in July 1940, but the Allies were much better able to repair damaged planes and throw them back in the battle," Cary said.

"By the end, the problem wasn't with the planes, but finding a trained pilot."

"It came so close," said Charley Fox, a Canadian Spitfire pilot, who flew in World War II. "They had no more reserves. They were so short of trained pilots, that as the battle progressed they cut back on training from six months, down to one month, then down to weeks."

Fox said some pilots hadn't even fired their guns prior to taking to the air in battle.

Grits put pricetag on promises

Election 2008

The Liberals are to release their campaign platform today, spelling out how they plan to pay for their big-ticket promises.

The announcement will flesh out previously announced programs — estimated by opponents to cost more than \$80 billion so far if ever implemented — and build around the Green Shift environmental plan, which features a tax on fossil fuels while cutting income taxes "... all the commitments in this platform are set within a prudent fiscal framework."

Part of the Liberal plan is to show voters that Liberal Leader Stéphane Dion and Harper are "polar opposites," with Harper refusing to appear

ter Stephen Harper as a right-wing zealot who will not only destroy the economy but change Canada into "Bush lite" north, a party spokesperson said as the campaign heads into the third week.

"You can put a sweater on Mr. Harper but it is still Mr. Harper underneath that sweater. His direction and where he is taking this country is something that scares many people in this country," Mark Dunn said.

The Liberals say the platform, A Richer, Fairer, Greener Canada, will be fully costed and fiscally responsible. "A Liberal government will never put Canada into deficit. Period," the party said in a statement yesterday.

"We are committed to balanced budgets, which is why all the commitments in this platform are set within a prudent fiscal framework."

That includes a contingency reserve of \$3 billion a year, to be applied to the debt if it's not used.

The plan will carry the party through to the Oct. 14 election and, if they win the vote, into government. Critics and economists alike will pore over the plan's numbers once released.

In the meantime, the Liberals want to frame Conservative Prime Minis-

ter Stephen Harper as a right-wing zealot who will not only destroy the economy but change Canada into "Bush lite" north, a party spokesperson said as the campaign heads into the third week.

"You can put a sweater on Mr. Harper but it is still Mr. Harper underneath that sweater. His direction and where he is taking this country is something that scares many people in this country," Mark Dunn said.

Part of the Liberal plan is to show voters that Liberal Leader Stéphane

Dion and Harper are "polar opposites," with Harper refusing to appear

at events open to the public.

The Conservatives said in a statement yesterday that,

over the past 13 days, Liberal leader Stéphane Dion has promised an average of \$6.1 billion per day, or \$71,000 per second, in spending.

"Stéphane Dion is spending more money per second than an average Canadian household makes in an entire year! How does he plan to pay for his reckless spending spree — by raising taxes, or by forcing Canada back into deficit?" the Conservatives said in a statement.

TORSTAR NEWS SERVICES/
METRO NEWS SERVICES

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Police on lookout for suspect in strip club shooting

Gatineau police seek a suspect following an early-morning shooting outside a strip club on Saturday. A 25-year-old man was shot behind Cabaret Taboo at 92 Gréber Blvd at 2:20 a.m. He suffered leg injuries. Several shots were fired, according to police.

METRO NEWS SERVICES

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Ottawa

**Oh, deer**

Ottawa police are reminding motorists to watch out for animals, especially deer, on city roads. Drivers can reduce collisions by slowing down in rural and sparsely populated areas, watching for vehicle-light reflections in animals' eyes and by not swerving to avoid small animals, since that can cause drivers to lose control of their vehicles.

METRO NEWS SERVICES

College pulled into federal riding race

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John Baird's Liberal challenger in Ottawa West-Nepean yesterday attacked his rival's record on funding skilled trades, but the incumbent said money for a local training centre is still available through transfer payments.

"It's unfortunate that when it comes to delivering for this important initiative we have, once again, seen more empty words by local MP John Baird," said David Pratt, Baird's Liberal opponent in the federal election.

"If elected, I will be tireless in my efforts to secure funding for Algonquin College's centre for construction trades and building science because our city needs this facility to secure our economic growth," Pratt said.

Pratt said he was told that the college still needs around \$11 million to get a skilled trades centre after the city donated land on the west side of Woodroffe Avenue, and Premier Dalton McGuinty pledged \$35 million towards the project.

Pratt said no money has come directly from the federal government, despite a press release sent by Baird in May entitled John Baird

Federal funds

- In 2006, the federal government gave \$290 million to Ontario for post-secondary education infrastructure and in March it transferred \$358 million to pay for projects through the Community Development Trust.

Supports Federal Money for Algonquin College's Skilled Trades Centre.

"Despite the strongly worded headline, Mr. Baird was unable to deliver a single dollar for this important project," Pratt said.

Baird, the federal environment minister, countered, saying the federal government has made numerous increases to provincial funding that can be used for things such as the trades centre.

In 2006, the federal government gave \$290 million to Ontario for post-secondary education infrastructure and in March it transferred \$358 million to pay for projects through the Community Development Trust.

"I have always said that I am supportive of this important initiative as I am concerned about the massive shortage of skilled trades workers in Canada," said Baird.



New Democratic Party Leader Jack Layton and federal NDP candidate for Gatineau, Françoise Boivin, share a laugh while doing some door-to-door canvassing in Boivin's riding yesterday.

NDP trail reaches Gatineau

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The New Democrats' campaign in Gatineau got a boost yesterday when the party's leader, Jack Layton, joined in on the door-to-door canvassing efforts.

Layton and Françoise Boivin, the federal NDP candidate for Gatineau, met with supporters in Gatineau's Touraine sector. The visit was Layton's third to Gatineau since the election call (he launched his campaign there), and was

Election 2008

his second door-to-door canvassing effort in town.

The NDP is showing Quebec particular attention as they look to build on their team's unexpected September 2007 win in the province, when Tomas Mulcair took the Montreal-area riding of Outremont in a byelection.

Such a high-profile visit is wonderful for candidates in the area, said Boivin's campaign manager, Ursula Strelberg.

"Madame Boivin is very well recognized in the area, but it never hurts to have the leader here," she said. "We have to find new ways of drawing (interest)."

Supporters came out to greet Layton and Boivin, who answered questions, including what kinds of programs are needed for families and seniors.

"Each riding has the same general issues — economy, the environment and health," said Boivin.

With three weeks to go before the election, Boivin feels that the NDP can do

well in Gatineau. "I feel it can take the place of the Bloc," Boivin said.

Added Layton: "I think the values of Quebecers and the values of the New Democratic Party in Canada are very similar."

Layton said the NDP is going to push to make all handguns illegal.

"There will be the 100 per cent ban on import and sale of handguns," he said.

"We have to get more serious about gang-related offences and help youth stay out of gangs."

Canada Army Run off to best-ever start for a race

FUNDRAISER More than 7,000 runners made the first-ever Canada Army Run the biggest-ever first-time running event in the country's history.

"It takes most races years and years to attract these numbers," said Lynne Bermel, of the run's organizing committee.

"It shows that Canadians support the troops."

Ottawa residents weren't the only ones behind the event. The city declared yesterday Army Run Day, and the event drew participants from as far as Barbados, as well as military personnel from the U.S.

About two dozen injured

soldiers also led both the five-kilometre and the half-marathon races.

Proceeds from the race went towards helping rehabilitate injured soldiers, as well as aiding the Military Families Fund.

Although participants paid an entry fee this year, next year, they will be given the option to fundraise.

"When we started, we thought it would be wonderful if we could get 2,500 or 3,000 people," Bermel said.

"It went way beyond our wildest expectations. It was sold out. We never in a million years thought it would be this big."

TRACEY TONG / METRO OTTAWA

Festival boasts animation innovations

TRACEY TONG
tracey.tong@metronews.ca

Relationships. Identity. Personality disorders, perversions and obsessions. Domestic abuse.

Not the kinds of things one would find in a cartoon. Or are they?

These themes were explored at the Ottawa International Animation Festival, which wrapped with record attendance numbers yesterday.

"I watch 2,000 films a year. It's pretty hard to make me jump, but I liked the themes this year," said artistic director Chris Robinson, who has been co-running the festival

"It's great to see people pushing the (cartoon) medium."

Kelly Neall

since 1995.

"They don't use animals like cute squirrels and bunny rabbits," he said. "And there was a sort of urgency (in the films). We're dealing with very powerful subjects."

This year's films pushed the limits and tried daring new things, managing director Kelly Neall said.

"It's about innovation and cross-pollination. It's great to see people pushing the medium."

The festival featured

screenings for 105 films from 70 countries, as well as competitions for features and shorts.

Attendance numbers are expected to break last year's total of 27,000 attendees, said Neall.

The festival also had more filmmakers in attendance than ever before.

Filmmakers and animators from around the world had the opportunity to meet Richard Williams, the animator for Who Framed Roger Rabbit? two decades ago.

Pixar and Disney animators were also in attendance at the festival, as well as Robot Chicken creators Seth Green and Matt Senreich.

metronews.ca

What's online today.

Read today's news highlights in Metro Snapshot

Watch Learn all of Prime Minister Stephen Harper's beauty secrets at www.metronews.ca/canada

Lotteries

Friday, Sept. 19

Lotto Super 7 8, 10, 12, 14, 25, 30 & 39. Bonus 7.

Saturday, Sept. 20

Lotto 6/49 2, 10, 24, 31, 33 & 49. Bonus 3.

Sunday, Sept. 21

Ontario Pick 3 0 4 5

Ontario Pick 4 4 1 8 2

Encore 0 9 6 1 6 6

Daily Keno 2, 3, 4, 18, 22, 26, 27, 33, 35, 36,

39, 40, 43, 45, 47, 48, 52, 59, 64, 70.

These results are not official.



Ottawa Police are looking to recruit 15 applicants who are prepared to commit a minimum of two years to a two-year pilot project with Auxiliary Police volunteers. OPS will accept applications until Nov. 3. New members will be deployed in early 2009. OTTAWA POLICE

Nearly the end of the line for Nadine

On Track

Nadine Doolittle

I have some good news and some bad news.
I wrote a book two years

ago that has unexpectedly been picked up by a Calgary-based publisher and is coming out in November. That's the good news. The bad news is this means I'll be leaving Metro Ottawa and this column space at the end of this month.

Feeling nostalgic, I revisited the mailbag to take a look at the issues that pro-

voked the biggest reaction from On Track readers this year. Was it the proposed downtown tunnel? Or the lack of express in the express? Perhaps the fare increase and reduced service really got their goat?

Nope.

Consistently, what really seems to send OC Transpo riders over the edge is basic bus etiquette — or

more specifically, the lack thereof.

Following my column 'Bus chivalry dead' (May 19) the e-mails flooded in — five messages for every one received on any other topic. Lengthy, eloquent messages on the hot real estate in 'Courtesy Seating.' Who knew?

To me, a designated seat is a 'rental.' It's yours until

someone who needs it boards the bus and then it's not. When I wrote the column I assumed that every savvy public transit user worth their salt had this knowledge embedded in their DNA.

Wrong again. Numerous readers related incidents of riders who had plopped their lazy derrières on courtesy seats, ignoring all indications of pregnancy, visible disability or senior citizenry in the riders around them.

To me, a designated seat is a 'rental.' It's yours until someone who needs it boards the bus and then it's not. When I wrote the column I assumed every savvy public transit user worth their salt had this knowledge embedded in their DNA.

Some responses suggested the bus operator take an active role in getting these people out of the seats.

But I think a cheaper and more efficient solution is to just sit on them. Maybe then they'll get the message.

In a tight race for second place in reader response, the winner was 'Queued-up buses hide route numbers' (July 14) for generat-

ing mail. It seems there are a lot of riders in the downtown core getting their daily aerobic exercise running back and forth looking for their bus. And just when you think

they aren't listening, OC Transpo announced the installation of electronic signs that will display buses arriving at stops along the Albert-Slater corridor. Potential vandalism notwithstanding, commuters boarding downtown will have to get their exercise the old-fashioned way in 2009 and join a gym.

Next week, I weigh in with my own personal peeve (the only thing that really bugs me about the system) and cough up my wish list for Ottawa's transit future.

Nadine Doolittle is an award-winning writer and a public transit user for the past 35 years.

Robbery suspect still at large after canine unit deployed

THEFT A knife-wielding man robbed a west-end grocery store on the weekend.

Police said that at 8:19 p.m. Saturday, a man armed with a knife entered the Churchill Grocereria at 445 Churchill Avenue and demanded cash from the clerk. He fled on foot with money.

The canine unit was deployed, but police said the

suspect was not caught. There were no injuries.

The man is described as white and heavy set. He was wearing a blue-hooded sweatshirt with white writing on the front and on the right arm, black shorts and running shoes.

Call the west division detective office at 613-236-1222, ext. 2266, with information.

TRACEY TONG/METRO OTTAWA

Suspect info

- White, heavy set man
- Wearing blue-hooded sweatshirt, black shorts, and running shoes

Man stabbed multiple times

STABBING Ottawa police are investigating a stabbing after a man was found with multiple wounds to his back and chest.

At 1:14 a.m. Saturday, Ottawa police went to an apartment building on 2100 Scott Street in the city's west end, where a man, who police said was severely intoxicated, had suffered multiple stab wounds to his back and chest.

The victim was transported to the Civic Campus of the Ottawa Hospital where he was admitted with serious but non-life threatening injuries.

Anyone with information is asked to call police at 613-236-1222, ext. 2266, or Crimestoppers at 1-800-222-8477.

METRO OTTAWA

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Command of Canada's battle group in Afghanistan has been handed over to the Royal Canadian Regiment, based in Petawawa, Ont., and Gagetown, N.B. This is the sixth rotation of troops through Kandahar since Canada's military involvement in the country began in 2002. SOURCE: CBC NEWS ONLINE

Canada



\$4M for 12 years in jail

A Winnipeg man who spent more than 12 years in prison on a wrongful murder conviction has reached a tentative settlement with the city of Winnipeg and province of Manitoba. James Driskell is expected to receive \$4 million in settlement money from the city and the province, according to documents obtained by local radio station CJOB.

SOURCE: CBC NEWS ONLINE

Supermom's work never done

Women retain homemaker role as work responsibilities grow: Study

BRIAN TOWIE
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Neelam, 38, gets up at 4:45 a.m. to cook two days worth of meals for her sleeping family. She gets her nine-year-old son up at 6 a.m. By 7:15, she has dropped him off at school and is racing for the train that takes her to her nine-to-five job in Toronto as a team leader at a paycheque distribution company.

At 7:15 p.m., Neelam, who asked that her last name not be published, arrives home to find Dad with Junior, going over homework. They sit down to a family meal that takes 20 minutes to eat, usually in front of the TV. If Neelam's

Dad's role changing, too

- Fifty per cent of dads say they spend more time with their children than their fathers did, especially British and Spanish fathers at 57 per cent.
- Half of all dads surveyed be-

day job hasn't followed her home, she's afforded the luxury of roughly one hour with her family (which often entails making sure Junior's homework is done before he hits the sack at 8:30 p.m.) and maybe a book before everyone heads to bed at 10 p.m. — to do it all over again the next day.

Neelam's case isn't unique. Living La Vida Rápida, a worldwide parenting study exclusively released

lieve men should be entitled to more paternity leave, while 60 per cent of parents said parents should be able to decide how to spend their maternity and paternity entitlements.

to Metro's 100 dailies around the world by media research group OMD/AOL, partnering with Ipsos, concludes that while women's responsibilities in the workplace are growing, their traditional homemaker roles remain the same. The survey questioned parents from 13 countries — including the U.K., U.S., Russia, China and Canada — and found career moms can fit 27 hours of activi-

ty into 24 hours. Working mothers surveyed said they provide 66 per cent of the day-to-day parenting, compared to 74 per cent for non-working moms. Dads provided 36 per cent of the parental care.

It takes a toll on motherhood. Neelam says she plays the role of sergeant major instead of a sympathetic caregiver. "I don't have as much time to spend as I would like with my son as a mom," says Neelam. "I'm the one who has to make him do things he doesn't want to do."

It's a sentiment echoed by co-worker Sarvjit, 33, also a team manager. "It's just faster for me to do it all myself than waste time trying to find help," she adds.



Career moms like Sarvjit, left, and Neelam fit 27 hours worth of activities in their 24-hour work and family day.

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Poverty no longer the top provincial priority

QUEEN'S PARK In the midst of a crashing economy and a federal election, the return to the legislature of Canada's second-largest government today might not attract much attention.

But Briar Perrier will be watching. She's only nine years old, but already there's one issue she cares deeply about: Poverty.

"People should have safe, affordable housing and food

and warm clothes and beds," said Briar, whose mother Bridget is still working to lift the family out of poverty.

A comprehensive plan to tackle poverty was supposed to be a top priority, but with the downturn in the economy, Premier Dalton McGuinty has signalled he may not be doing as much as planned.

That's got activists from the young, like Briar, to establish groups,

like the 25 in 5 coalition, trying to hold McGuinty to his bold words: "I believe it's one of the best tests of government ... How are we treating those who are less fortunate?"

TORSTAR NEWS SERVICE

Calgary sets world food-drive record

CALGARY The City Wide Food Drive propelled the Calgary Interfaith Food Bank into the Guinness Book of World Records after collecting 231 tons of food this weekend.

"That is a million dollars worth of food. It is absolutely incredible ... This will go a long way," said Monica Brinck of the food bank.

METRO CANADA

News in brief

BUST RCMP arrested 12 people after a drug bust in Liscomb, N.S., yesterday. They caught smugglers unloading three

speedboats loaded with "hundreds of pounds" of cannabis resin. Police said the drugs were destined for Central Canada.

TRANSIT More urban Canadians used transit to get around this summer than last, figures released by StatsCan suggest.

The study showed ridership was up 4.9 per cent in July compared to the same month a year earlier.

METRO NEWS SERVICES

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"Teaghan has grown into a co-operative, outgoing little girl since beginning her karate classes. She takes pride in being a productive member of our home and is pleased with her contribution. It's a joy to see such a young girl be so proud of herself!"
— Whitney Pelchat (mother)





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8 canada**Election 2008****Ads need commentary**

Behind-the-scenes chatter could uncover 'true' meaning

AdVentures**Mike
Tennant**

What campaign attack ads need is a commentary track, just like the ones that come on DVDs and Blu-ray discs, except these commentaries would tell you what the people behind them are really thinking.

Take the Tory ad warning about "gambling" on Stéphane Dion. A slot machine produces three images of Dion, punch line: Gamble on Dion and — wait for it — you lose. Switch to a commentary track and I bet you'd hear this:

"Welcome to a 30-second world where Stephen Harper is utterly perfect and Stéphane Dion is ab-

solutely incompetent. Oh, and if you don't mind horribly, we're going to treat you like an idiot, incapable of supporting us on our merits.

"Let's face it — there's no second prize in an election; we can't afford to admit we're mere mortals, or to let you like Mr. Dion, even a little.

"And, frankly, we'd much rather ridicule Mr. Dion than talk about handguns, child poverty, or what Gerry Ritz passes off as a sense of humour."

And the Grits? The Liberal's new "Harperonomics" ad accuses the Conservatives of codding corporate polluters, cutting development programs and engaging in divide-and-conquer politics. Its commen-

tary track might say: "If you think we can convey complicated economic policy in 30 seconds, you're out of your gourd, pal. So let's stick with name calling. 'Harperonomics' packs imagery of Ronald Reagan and '80s trickle-down economics into four tidy syllables. How's that for economy?"

"We, too, will treat you like a moron, playing hopeful music and showing pretty pictures when we talk about ourselves, and draining colour from the pictures when we talk about

Mr. Harper. Remember how all the bad guys in Ben-Hur and Star Wars had British accents so you could tell them apart? Same idea.

"With luck, it will help you forget that little matter of the billion dollars we misplaced in Quebec

On the web

Links to ads discussed in this column:

- Tories: www.youtube.com/watch?v=tWYJnoU_EA
- Grits: www.youtube.com/watch?v=2TRpN075qPU

in the '90s, or that we signed the Kyoto Accord, and — whoops — forgot to act on it.

"Confidentially, we know Canada won't really slide into the sea if you elect the Tories. But until more Canadians tear themselves away from House and So You Think You Can Dance long enough to study issues and attend candidates' meetings, these asinine attack ads are all we've got.

"Besides, if all our ads were positive, do you really believe we'd still get all that free airplay from the talking heads on those political panel shows?"

Mike Tennant is a freelance ad writer and co-creator/writer of Terry O'Reilly and the Age of Persuasion on CBC Radio One.

Green train begins nationwide trek

It's a safe bet that in the old days of whistle-stop campaigning, few politicians gave speeches on train platforms in the middle of the night.

But that's exactly what Green party Leader Elizabeth May has planned in her cross-country train ride, which pulled out of Vancouver's Pacific Central Station last night.

The first nocturnal rally was at 1:50 a.m. today, at the platform of the Kamloops North station in B.C. Two others will be held in the early morning tomorrow, including a 4:30 a.m. rally at the Melville station in Saskatchewan.

Organizers of May's Vancouver to Truro, N.S., train ride say that's the only chance Green party members in those towns have to see their leader. And they've bought tickets to make sure "The Canadian," as this section of the Via Rail train is called, makes a stop.

The journey will end in Truro — 91 stops later, potentially. At many stations, the train only stops if tickets there have been bought 48 hours ahead of time, according to a Via spokesperson.

May started her train tour



Elizabeth May hops aboard the Green Train in Vancouver yesterday. The train will pass through communities along the Via Rail line during the Green party's zero-carbon election campaign.

"Wake up, throw off the cynicism, throw off the apathy."

Elizabeth May

with a pre-boarding rally in front of Pacific Central Station, arriving in an electric-powered car to the sounds of bagpipes and the cheers of about 120 supporters.

She welcomed them to "the great beginning of the Green train across Canada." She told supporters that "the Green campaign

about democracy," and described the train ride as a way of reconnecting with the country's roots.

Recent polls have placed Green party support at about 11 per cent. But many of those are young voters, often the most difficult to get to the ballot box.

At the rally, May urged Canadians to "wake up, throw off the cynicism, throw off the apathy" and vote.

The last time politicians used trains as the main mode of travel in federal election campaigns was in the mid-1960s.

TORSTAR NEWS SERVICE

Numbers**Poll says
Tories could
win majority**

SURVEY The Conservatives have a large lead over the Liberals and stand a good chance of winning a majority in the Oct. 14 federal election, according to a poll released Saturday.

The Ipsos Reid survey for CanWest News Service put the Conservatives at 40 per cent public support, up two percentage points from a poll by the same company a week ago. The Liberals dropped two points to 27 per cent while the New Democrats climbed two points to 15 per cent.

It was the latest in a string of polls showing the Conservatives — who hold just 127 of the 308 seats in Parliament — will do much better Oct. 14.

The party took power after an election in January 2006.

The Ipsos Reid survey of 1,000 Canadians was conducted between Sept. 16 and 18 and is considered accurate to within 3.1 percentage points, 19 times out of 20.

REUTERS

Liberals would increase arts and culture spending: DionA Liberal government would not only reverse Conservative cuts to arts and culture, but increase spending in these areas by \$530 million over four years, party leader Stéphane Dion said Saturday. **TORSTAR NEWS SERVICE**

canada 9



Election 2008

Tuned in

**Layton hopes times a changin'**

MUSIC Reporters travelling with Jack Layton were welcomed into the inner sanctum of his musical tastes when he connected his iPod to the loudspeaker on his campaign plane on the weekend.

As expected, the strains of War by Edwin Starr could be heard, but there was also Kung Fu Fighting by Carl Douglas and Vivian Hawke and Shaft by the recently deceased Isaac Hayes.

There was some Canadian content — notably Four Strong Winds by Ian and Sylvia, Big Yellow Taxi by Joni Mitchell and a lively a capella version of Barrett's Privateers — but Layton was also eager to sing Bob Dylan's The Times They Are a Changin' and pointed out the political themes.

TORSTAR NEWS SERVICE**Statement****NDP'er reveals the naked truth**

STATEMENT A third NDP candidate in B.C. was forced to reveal the "naked truth" about his past after opposition parties used it to campaign against him.

Julian West, candidate for Saanich-Gulf Islands, issued a statement yesterday on his behaviour at an environmental conference 12 years ago. West admitted to removing his clothing in the presence of minors on a number of occasions at the conference.

METRO VANCOUVER**News in brief**

TRAVEL Where the leaders are today: Stephen Harper — Ottawa, Dryden, Ont.; Stéphane Dion — Ottawa, Calgary; Jack Layton — Toronto, Hamilton, Montreal, Quebec City; Elizabeth May — Kamloops, B.C., Jasper, Alta., Hinton, Alta., Edmonton.

TORSTAR NEWS SERVICE

22 days remain until the 2008 Canadian federal election

Election 2008

Controversy
Blog leads to Tory resignation

RACE In the latest embarrassment for the Conservative campaign, a candidate who blogged after the July beheading on a Winnipeg-bound bus that Canadians should be allowed to carry concealed handguns for protection has resigned from the Toronto Centre race.

Chris Reid, a 28-year-old civil engineer, said he "voluntarily" resigned Saturday from the race against Liberal incumbent Bob Rae after the contents of his personal blog were dug up. **TORSTAR NEWS SERVICE**

Harper heading west

Prime minister shifting focus onto leadership and stability

Prime Minister Stephen Harper heads this week to Western Canada and will swing back through Ontario, trying to shift focus back onto leadership and stability, after the Conservative campaign hit another bump with the weekend resignation of Toronto Centre candidate Chris Reid.

Harper will continue to make one "practical" announcement a day, which this week will highlight

public safety and "assurance" issues for voters, while he will sharpen his attacks on his political opponents, the campaign says.

Even as it tries to gauge the fallout from last week's revelation of a minister's black-humour wisecracks during the listeria crisis, the Harper campaign contends it had a good week and Liberal



Leader Stéphane Dion had bringing "ringers, leadership rivals, to try to help prop up the party," in the words of one official.

Harper intends to try to highlight the costs of promises made by the other parties, while drawing a contrast with the Conservatives' steady trickle of "modest" and "affordable" measures.

With the economy continuing to dominate headlines, Harper is repeating the phrase "global economic uncertainty" in almost every utterance, stressing his leadership.

The campaign does not intend to release a platform document until much later, a summary and costing of promises made over the course of the five-week election campaign.

TORSTAR NEWS SERVICE

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Tickets and bills**Coins only****Coins**

- Only coins go in the coin slot — anything else will get stuck.

Tickets and Bills

- Tickets go only in the ticket/bill slot — insert them into the **middle** of the slot, **unfolded**, so they do not get jammed.
- Paper money, e.g. \$5 bill, also goes only in the ticket/bill slot and must be **unfolded**.
- Red DayPass vouchers and O-Train tickets go in the same slot as tickets and bills.

**Transfers and DayPasses**

- Transfers and DayPasses must be handed to the operator or kept to continue your trip — do **not** deposit them in the farebox.

Gradually you will see more of these new fareboxes as the old models, which are no longer available, are replaced. By following these points, you will help speed up boarding and reduce delays to the service.

Thank you for your cooperation.

Pope Benedict XVI yesterday urged world leaders at this week's UN general assembly not to allow the global financial crisis to distract them from efforts to try to wipe out poverty and disease. The pope acknowledged that such efforts require sacrifices, but said they would produce great benefits for needy countries. **REUTERS**

World



Rock star hurt in crash

Former Blink-182 drummer Travis Barker, left, suffered extensive burns in a private jet crash that killed four other people on board late Friday night in South Carolina, CBC News Online reports. Doctors said Barker should make a full recovery, which could take up to a year.

METRO NEWS SERVICE

\$700B market bailout is necessary evil: Paulson

U.S. Treasury Secretary Henry Paulson pressed his case for an unprecedented \$700 billion US bailout of financial markets yesterday as negotiations over the plan opened between the administration and Congress.

The sweeping proposal would have the Treasury buy up bad mortgage-related debts from financial institutions, including U.S. subsidiaries of foreign banks, to try to stem the worst financial storm since the Great Depression.

Two key questions, however, remained unanswered even after Paulson

appeared on four national television talk shows. What price will the United States pay for

these toxic debts, which spawned a something that we wanted to do. This crisis. When will it start was something that buying them? was very necessary."

Paulson painted the proposed intervention into private markets as a necessary evil, arguing the consequences of inaction would be so dire that the large burden taxpayers would shoulder would be worth it.

"This is not something that we wanted to do. This was something that was

very necessary," Paulson said on the NBC Sunday program Meet the Press.

"We did this to protect the taxpayer."

New York Sen. Charles Schumer, a member of the Democratic leadership, said Democrats would not load up the bill with numerous extraneous provisions and said a measure to give a lift to the econo-

my would likely be moved separately.

Still, speaking to reporters on Capitol Hill, Schumer and Senate Banking Committee Chairman Christopher Dodd said the plan needed stronger taxpayer protections and needed to do more to help distressed homeowners. In addition, they said more oversight of the program was essential.

"We totally understand the gravity of the moment ... but you cannot just turn over \$700 billion of taxpayer money and not insist that the taxpayer is going to be protected," Dodd said.

REUTERS

Peres meets parties after PM resigns

POLITICS Israeli President Shimon Peres held talks yesterday with parliamentary factions on the formation of a new coalition government after the resignation of Prime Minister Ehud Olmert.

Olmert, who faces criminal indictment in corruption probes, submitted his resignation to Peres yesterday, four days after he was replaced by Foreign Minister Tzipi Livni as leader of the ruling Kadima party.

Israeli media reported that Peres would nominate a party leader to form the next government today.

REUTERS

China Farmers crying over spilt milk



A farmer cries after her fresh milk was poured away yesterday due to the closure of a milk factory on the outskirts of Wuhan, Hubei province. Hong Kong supermarkets pulled some milk powder products from their shelves yesterday and a three-year-old girl was found to have a kidney stone after drinking tainted milk — the territory's first suspected victim of a health scare sweeping China.

Al Qaeda suspected of Marriott bombing

PAKISTAN A suicide bomb attack that killed 53 people at the Marriott Hotel in Pakistan's capital of Islamabad bore the hallmarks of an operation by al Qaeda or an affiliate, Pakistani and U.S. intelligence officials said yesterday.

Teams combing the burnt shell of the hotel found more charred bodies after the blast on Saturday evening ignited a blaze that swept through the hotel, part of a U.S.-based chain and a favourite haunt of diplomats and wealthy Pakistanis.

Internal security in Pakistan, a country vital to the war against al Qaeda and other Islamist militant groups, has deteriorated alarmingly over the past two years.

"The sophistication of the blast shows it's the work of al Qaeda," a Pak-

Inviting target?

- The hotel is Pakistani-owned, but Marriott is a U.S. franchise. There is only one other five-star hotel in Islamabad.
- It has been targeted twice before. In January 2007 a security guard died stopping a suicide bomber from sneaking in through a side entrance hours before a reception hosted by the Indian High Commission. An earlier, small blast in the lobby area failed to kill anyone.

istani intelligence officer told Reuters.

The Interior Ministry said 266 people were wounded, 11 of them foreigners, after the bomber blew up a truck packed with 600 kg of explosives including artillery shells, mortar bombs and shrapnel.

REUTERS

Blaze in dance hall kills 43

TRAGEDY A fire at an illegal dance club in Shenzhen, China, just across the border from Hong Kong, left 43 mostly young people dead and another 85 injured, another grim reminder of the country's broken regulatory system.

The fire broke out just before midnight at the packed King of the Dancers club, sparked by a pyrotechnics display on the third floor, Xinhua quoted local police as saying.

The owner of the club, located about an hour's taxi ride from downtown Shenzhen, was being questioned by police, while 12

people had been detained, said Xinhua.

The main hall quickly filled with deadly smoke after the roman candle-type display touched ceiling tiles, and the lights went off soon after — plunging panicking revellers into darkness, said witnesses.

"The fire wasn't that big, but there was a lot of smoke," said a man surmised Zhang, who said he worked at the club.

"Everyone was crowding towards the front entrance, because they didn't know about the (exit) in the back," said Zhang.

REUTERS

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News in brief

SYRIA UN investigators believe Syria may have buried under concrete traces of what Washington suspects was a covert nuclear reactor at a site bombed by Israel a year ago, diplomats said yesterday. The International

Atomic Energy Agency began probing Syria in April based on U.S. intelligence suggesting the complex targeted by Israel was a reactor almost completed and designed to make plutonium for atom bombs.

POLITICS South Africa's ruling African National Congress will appoint the country's caretaker leader today, after President Thabo Mbeki's ouster by the party yesterday. Mbeki told the nation yesterday that he had

tendered his resignation, just eight days after a judge threw out corruption charges against party leader Jacob Zuma, suggesting there was high-level political meddling in the case.

REUTERS

J.J. SAID IT WOULD!

J.J. Clarke

WATCH OTTAWA'S WEATHER LEADER

CTV

NEWS

Weeknights 6:00

Going Green

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Choose the train

If 1 million people commuted by train instead of by car, we could eliminate 1.2 million tons of CO₂ per year, according to The Live Earth: Global Warming Survival Handbook by David de Rothschild.

METRO NEWS SERVICES



Forests a critical 'hedge'

Better ways needed to manage activities and services

ScienceMatters

David Suzuki & Dr. Faisal Moola



How much is a forest worth? And how do we calculate that value? Do we simply count the trees and figure out how much we could get for them if we were to cut them down and turn them into logs, lumber, and pulp and paper?

That's been the traditional approach, but it hasn't served us well. A forest is much more than the timber it holds. A forest provides habitat for wildlife, recreational opportunities and scrubs carbon dioxide from the atmosphere.



A forest is much more than the timber it holds. A forest provides habitat for wildlife, recreational opportunities and scrubs carbon dioxide from the atmosphere.

two-by-fours to build homes and furniture, but if it also results in the release of carbon stored in the trees and soil, thus contributing to global warming, or if it wipes out the habitat of an animal that is crucial to the natural order, then the short-term gains may not be worthwhile.

Two new reports illustrate the idea of taking into account the full suite of values that a forest represents, or its "natural capital," when making decisions about resource management. Dollars and Sense: The Economic Rationale to Protect the Spotted Owl Habitat in British Columbia, and The Real Wealth of the Mackenzie

Region: Assessing the Natural Capital Values of a Northern Boreal Ecosystem both argue for a more holistic approach to managing our natural ecosystems.

For a long time, we've only considered the immediate market value of resources when making forest-use decisions. In doing so, we've ignored the enormous value of the ecosystem services that are critical to biodiversity, human health, and community well-being. Although it's not easy to put a dollar value on things such as carbon sequestration and storage, water filtration, clean-water availability, and species diversity, it's foolish to leave them out of the equation.

Taking into account all the values of a forest doesn't mean an end to logging and mining; it just means finding better ways to manage all our activities in these ecosystems — and it means putting a value on the very real services they provide. If we don't address the serious problems of global warming and biodiversity loss, as well as issues such as access to clean air and water, we may well join the spotted owl on the endangered list.

Take David Suzuki's Nature Challenge and learn more at www.david-suzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

Scientists turn to rubber ducks to track melting glacier

To help figure out what's happening inside the fastest-moving Greenland glacier, a U.S. rocket scientist sent 90 rubber ducks into the ice, hoping someone finds them if they emerge in Baffin Bay.

The common yellow plastic bath toys are one part of a sophisticated experiment to determine why glaciers speed up in

the summer in their march to the sea, said Alberto Behar of NASA's Jet Propulsion Laboratory in California.

The Jakobshavn Glacier is very likely the source of the iceberg that sank the Titanic in 1912 and researchers focus

on it because it discharges nearly 7 per cent of all the ice coming off Greenland. As the planet warms, its melting ice sheet could make oceans rise this century.

"It's a beautiful place to visit. You can

watch these icebergs continuously march across and fall into the ocean," Behar said.

What you can't see is how melting water moves through the ice.

"Right now it's not understood what causes the glaciers themselves to surge in the summer," Behar said.



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STO SOCIÉTÉ DE TRANSPORT DE L'OUTAOUAIS

GM recalled more than 42,000 Saturn Vue compact SUVs with six-cylinder engines from 2008 and 2009 — including 2,624 sold in Canada — on Friday because of a potential leak of power steering fluid that could lead to a fire. **CBC NEWS ONLINE**

General Motors recalls Saturn Vue



Chavez 'takes back' mines

Venezuelan President Hugo Chavez, who previously nationalized swaths of the oil-based economy, said Friday he is "taking back" mines, and appeared to single out Las Cristinas, a large gold mine with world-class potential run by Canada's Crystallix. The mine was denied an exploration permit in April.

REUTERS

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

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Leaders target finance 'fat cats'

Britain and France took aim at wealthy bankers and traders yesterday, describing the bonus culture as "perverse" and "unacceptable" as officials sought culprits in the global financial crisis.

Britain's prime minister, France's economy minister and the chief regulator of London's financial markets all pointed

the finger at the pay structure among investment banks and brokerages and called for a reining in of excess.

So-called "fat cats" in the City — London's financial centre — have been criticized the past week as banks that paid multi-million-dollar bonuses last year moved to the brink of collapse in the stock market meltdown.

REUTERS

Nomura, Barclays eye Lehman Bros.

ACQUISITION There are reports Japan's Nomura Holdings is interested in buying Lehman's European operations, while Barclays will bid for more Lehman assets, an insider said.

REUTERS

Transcontinental founder praised

PRINTING Founder of magazine and newspaper publisher Transcontinental Remi Marcoux was named an honorary life member of the Canadian Printing Industries on Saturday in Halifax.

METRO NEWS SERVICE

Discovery That's some rock



A model holds one of the world's largest diamonds, a near-flawless white gem discovered in Lesotho weighing nearly 500 carats, in this undated photo released in London yesterday.

Business in brief

AIRLINES Alitalia is facing liquidation if its special administrator can't sell the company in a last-ditch effort to sell the loss-making Italian airline.

ABCP Canada's Supreme Court declined on Friday to hear a legal challenge to a proposed restructuring of ABCP, making way for an overhaul.

REUTERS/PAWEL ANTONIAK



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To be eligible, businesses must gross less than \$2,000,000 annually and employ fewer than 25 employees. Complete rules available at www.livelifelive.fm.

Sabres give GM contract extension

The Buffalo Sabres announced they have signed general manager Darcy Regier to a two-year contract extension. Regier, who has been the GM of the team since 1997, is entering his 12th year as GM of the club and his current contract will carry him through to 2010-11.

METRO NEWS SERVICES

13

Sports

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Blue Jays' bats fall silent against Sox

MLB Let's see now ... 8½ games back of the wild card, six to play. No, it doesn't look good for the Blue Jays. Despite a well-rested and ever-consistent Scott Richmond on the mound, the Jays were officially eliminated from October yesterday with a 3-0 loss to Boston. The Red Sox clinched no worse than a tie for the post-season and will have their ticket to the dance punched momentarily. From a Jays' perspective, though, yesterday was at least important to Richmond, the just-turned 29-year-old out of North Vancouver. It was his fourth big-time start and, in those, he has endured 5½ innings, 5%, five and, yesterday, five again.

TORSTAR NEWS SERVICE



An upbeat United States team won the Ryder Cup for the first time in nine years yesterday.

U.S. reclaims Ryder

An upbeat United States team inspired by rookie Anthony Kim won the Ryder Cup for the first time in nine years yesterday, beating Europe by 16½ points to 11½.

Kim crushed Sergio Garcia 5&4 in the top encounter to set the tone for

the Americans before Jim Furyk secured the decisive point with a 2&1 victory over Spaniard Miguel Angel Jimenez at a sun-drenched Valhalla Golf Club.

It was Europe's heaviest defeat since they were pummelled 18½ to 9½ at Walton Heath in 1981, and

ended a run of three successive victories in the biennial team competition, the last two by lopsided margins.

"My players poured their heart and soul into it this week," an emotional U.S. captain Paul Azinger said.

REUTERS

Spain downs U.S. in Davis Cup

World No. 1 Rafael Nadal, left, humbled Andy Roddick with a clay-court masterclass yesterday to knock holders the United States out of the Davis Cup and send Spain through to their sixth final. Concerns that Nadal was too tired to shine after playing 103 matches this year were banished as he dismissed the world number eight 6-4, 6-0, 6-4 in two hours 12 minutes to win Spain the tie 4-1.

REUTERS

Patriots' streak ends

NFL Ronnie Brown ran for four touchdowns and threw for another score, as the Miami Dolphins pulled off a stunning 38-13 victory yesterday over New England at Gillette Stadium and ended the Patriots' regular-season winning streak at 21 games.

The Dolphins, coincidentally, were also the last

team to beat the Patriots in the regular season, earning a 21-0 triumph Dec. 10, 2006 in Miami.

In other NFL action, Eagles 15, Steelers 6; Jaguars 23, Colts 21; Ravens 28, Browns 10; Seahawks 31, Rams 13; Broncos 34, Saints 32; Redskins 24, Cardinals 17; Giants 26, Bengals 23 (OT).

METRO NEWS SERVICES

SCOREBOARD**MLB**

AMERICAN LEAGUE

Cleveland at Boston, 7:05

Kansas City at Detroit, 7:05

Tampa Bay at Baltimore, 7:05

Oakland at Texas, 8:05

L.A. Angels at Seattle, 10:10

NATIONAL LEAGUE

Florida at Cincinnati, 2:10

Atlanta at Philadelphia, 8:05

Chicago Cubs at N.Y. Mets, 8:10

Arizona at St. Louis, 9:15

CFL

WEEK 13

FRIDAY'S RESULT

Winnipeg 25 Hamilton 23

SATURDAY'S RESULTS

B.C. 27 Saskatchewan 21

Calgary 34 Toronto 4

SUNDAY'S RESULT

Winnipeg 25 Hamilton 23

TODAY'S GAMES

NFL

WEEK 3

YESTERDAY'S RESULTS

Atlanta 38 Kansas City 14

Baltimore 28 Cleveland 10

Buffalo 24 Oakland 23

Denver 34 New Orleans 32

Jacksonville 23 Indianapolis 21

Miami 38 New England 13

Minnesota 20 Carolina 10

N.Y. Giants 26 Cincinnati 23 (OT)

Philadelphia 15 Pittsburgh 6

San Francisco 31 Detroit 13

Seattle 27 St. Louis 12

Tampa Bay 27 Chicago 24 (OT)

Tennessee 31 Houston 12

Washington 24 Arizona 17

Dallas at Green Bay

TONIGHT'S GAMES

N.Y. Jets at San Diego, 9:30

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URUGUAY	7¢	LEBANON	9¢	PAKISTAN	5¢
Argentina	2.9¢	SaudiArabia	3.9¢	Afghanistan	24.9¢
Brazil	2.9¢	Syria	18.9¢	Bangladesh	3.9¢
Cuba	8¢	U.A.E.	19.9¢	Nepal	7.9¢
Ecuador	12.9¢	Egypt	14.9¢	Sri Lanka	11.9¢
Haiti	16.9¢	Iran	3.9¢		
		Israel	7.9¢		

Africa													
KENYA	6¢	SOMALIA	49¢	Algeria	7.9¢	Libya	24.9¢	Morocco	18.9¢	Nigeria	6.9¢	Niger	13.9¢
SOMALIA	49¢												
Algeria	7.9¢												
Libya	24.9¢												
Morocco	18.9¢												
Nigeria	6.9¢												
Niger	13.9¢												

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The Saskatchewan Institute of Applied Science and Technology is experiencing an enrolment boom, so much so that school officials say they are running out of classroom space. SIAST has had a 41-per-cent increase in enrolment in trades. METRO NEWS SERVICES

Workology

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Homework: I'll just get to it later

BRIAN COULTON
for Metro Canada



Save this article for later.
You do have e-mails to check, wall posts to make on Facebook, an afternoon shift and a friend's gig to go to tonight. Plus, you'll get to it right afterward ... right?

Not quite, according to the Chronicle of Higher Education. The college and university focused newspaper reports 70 per cent of post-secondary students usually procrastinate. Compare that to the general population, of whom only 20 per cent put tasks off and students start looking like the young slackers they're reputed to be.

But before writing off more than one-million students who returned to college and university this month, comparing their circumstances to preceding pupils might help explain just why so many of them delay.



Students are much more likely to put off tasks than the general population, studies suggest.

"Students have way more things on their plate now than they did 10 or 15 years ago. They are balancing a lot more than a student club," says Christie Goode.

She's the Vancouver-based creator of Home-

workTree.com, a new online planning resource for post-secondary students that help them to allocate time to complete assignments and offers homework tips.

Goode says the context of university creates a perfect environment for procrastination. "(University) is a unique environment that breeds this possibility. It's a social and work context that doesn't happen in other areas of life." She chalks up that circumstantial distinction to the abundance of long-term deadlines, extra-curricular activities and free time only typical of students.

In spite of the education-

al tie, Goode says student procrastination can put more than just grades at risk. Health impacts like higher stress and depression and ethical impacts like increased cheating and plagiarism are just some of the added consequences Goode says procrastination leads to.

To avoid such dangers, she suggests becoming gradually more intentional about assignments. "Exercising a little bit of discipline every week to reach a goal goes a long way in exercising that muscle." The "muscle" is self-control, says Goode, a function Australia's Macquarie University found can be strengthened through exercise like any muscle in your body.

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Let's twist again...

OddJobs

Diane Peters



Debbie Stevens twists balloons to entertain kids. But she could capture the imagination of little ones long before she knew how to make a balloon dog.

The stay-at-home mom ran a homecare back in the mid 1980s. She became known around her neighbourhood in Bowmanville, Ont., for her storytelling and ability to connect with kids.

One day, a friend asked her to provide the entertainment for a birthday party. Stevens performed magic, told stories and ran games. That led to more parties. Needing more tricks, she got a book from the library on balloon animals. She took to this unusual art form right away.

"Within a few weeks I got bored and came up with my own designs," says Stevens, 44.

Eventually, Stevens got hired to sculpt balloons at corporate events. Through those, the Toronto Maple Leafs hired her to work the

The Lowdown

Job title: Balloon twister
Salary: \$25,000 to \$75,000.
Education/Training: A book or conference seminar.

Best Part of the Job: "It's really a high for me to make those children so happy."

Worst Part of the Job: "The office work."

lobby of Maple Leaf Gardens (that was in 1999, the team's last year in the arena). She handed out her business card and got a lot more work.

When she does events, Stevens twists anywhere from three to 12 balloons to make animals, cartoon characters like Spiderman or Buzz Lightyear, or even create a wearable costume.

"When I create, I'm not just making a balloon. I'm telling jokes, I'm bonking kids on the head with balloons, it's very animated," says Stevens. She adores children and considers keeping them amused just as important as twisting.

At home, Stevens will spend hours designing new creations. She uses a picture of a cartoon character or real-life animal, or sometimes just invents out of her imagination.

Balloon work relies on about a dozen moves: loops, bubbles, spirals and various weaves. Stevens figured out the basics from that first book and picked up more at a balloon-twisting conference in 2003.

In 2005, Stevens created a live black-lit show using music, huge balloon creations and the help of her two sons and husband on-stage while her daughter acts as stage manager. Recently, since her two sons are in university, she's started a solo show that runs with her 14-year-old daughter's assistance.

Yes, The Twisted Ones is now a full-time business. Stevens spends weekdays doing administrative work and designing while the weekends are booked solid with gigs.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

Parking at VIU frustrates students

Parking at Vancouver Island University is causing problems for students and nearby residents. Students say they are having difficulty finding parking on campus, leaving some to park illegally on streets that are not campus property.

METRO NEWS SERVICES

workology 15


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The need for more inspiration and strong leadership in the workplace is increasingly critical in today's economic climate, according to a new nationwide survey of more than 8,700 workers by [CareerBuilder.com](#). Forty-five per cent of workers said they don't feel secure in the C-level leadership of their organizations. While the majority of

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Boss satisfaction riding high

workers (73 per cent) are satisfied with the performance of their direct supervisor, only 50 per cent categorized the performance of senior management as good or great. More than half said they don't feel motivated within their organizations and expressed a desire for more personal attention and development. While bosses ranked higher in overall character,

they ranked lower in leadership. Seventy-three per cent of workers categorized their boss as trustworthy, 70 per cent said their boss is respected in the organization and 65 per cent reported their boss communicates effectively. On the other hand, 51 per cent feel their boss does not motivate them, 51 per cent said their boss does not help them move ahead and 41

per cent stated they don't learn from their bosses.

"Leaders need to invest in the career development of workers and reinforce the value that employees bring to their business to create a healthy and open workplace culture," said Jason Ferrara, vice-president of corporate marketing at [CareerBuilder.com](#). Thirty per cent of workers surveyed report that they

think they could do their boss' job better and said the following were their primary issues with their bosses:

- Plays favourites (23 per cent);
- Doesn't lead by example (23 per cent);
- Is never around (14 per cent)
- Never provides positive feedback (13 per cent).

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Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

John Adams = Emmy

BRIAN COULTON
for Metro Canada

Although it got off to a comically rocky start, the 60th Primetime Emmy Awards successfully picked up steam last night with John Adams, 30 Rock and Entourage picking up early awards.

HBO's John Adams won the night's award for Outstanding Miniseries. Acting honours for the show's roles went to Laura Linney for Outstanding Lead Actress in a Miniseries or Movie and Tom Wilkinson for the same category's Supporting Actor award. The show also won the award for Outstanding Writing for a Miniseries, Movie or Dramatic Special.

Tina Fey won the award

for Outstanding Writing in a Comedy Series for 30 Rock, her third Emmy to date. Jeremy Piven maintained Emmy steam, winning his third consecutive award for Outstanding Supporting Actor in a Comedy Series for Entourage, with the equivalent female award going to Jean Smart of Samantha Who?

Dramatic award presentations started with Dianne Wiest winning the award for Outstanding Supporting Actress in a Drama Series for her role in In Treatment. Zeljko Ivanek of Damages fame walked away with the Emmy for Outstanding Supporting Actor in a Drama Series, the actor's first nomination and win.

The show opened with talk-show TV veteran Oprah Winfrey introducing the

night's hosting quintet. The five inaugural nominees for the new Emmy category of Outstanding Host for a Reality Program took to the stage with a lukewarm opening display lacking chemistry and (more embarrassingly) audience laughs.

Tom Bergeron, Heidi Klum, Howie Mandel, Jeff Probst and Ryan Seacrest struggled through their awkward introduction before randomly inviting William Shatner from the audience. He and Bergeron proceeded to rip Klum's black-tie suit off her body, revealing a sparkling black ensemble, one of many costume changes for the fashion-focused Project Runway hostess.

Thankfully, British actor Ricky Gervais later redeemed any salvageable

comedic value when he took aim at The Office's Steve Carell. Carell accepted an Emmy for an absent Gervais in 2007 and sat hilariously stone-faced at Gervais's demands of, "Give me my Emmy!" before pulling it from under his seat.

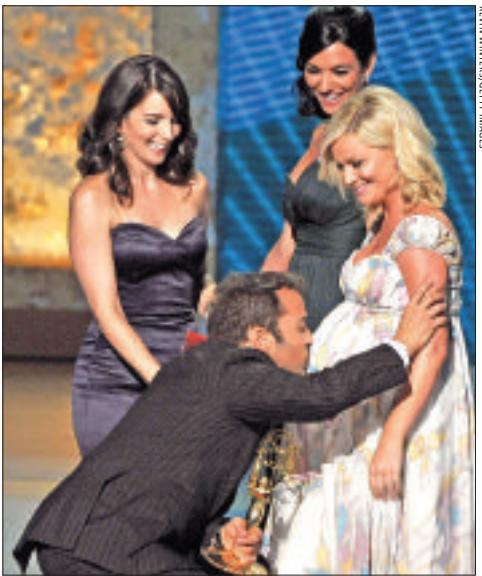
Josh Groban maintained excitement with a musical tribute to the history of American television. Groban charmingly delivered authentic renditions of themes from over 25 shows, including Friends, South Park, M*A*S*H and even COPS. Tributes were also made to memorable program locales like the diner in Seinfeld, Desperate Housewives' Wisteria Lane and the living room from The Simpsons.

• For a complete list of winners, go to emmys.tv

It's undecided

The return for a second season of reality TV show *Denise Richards: It's Complicated* is still being decided, contrary to earlier reports, TV executives at E! have said.

IMDB.COM



KEN WINTERS/GETTY IMAGES

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|--|--------------------------|-------------------------------------|
| I am feeling sad and depressed. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am having difficulty sleeping. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am feeling low in energy and slowed down. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| My appetite has changed. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am experiencing feelings of guilt. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I have lost interest in work and pleasurable activities. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I feel hopeless about the future. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I feel tense and anxious. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am having difficulty making decisions. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| I am having trouble concentrating. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

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Gervais' comedic standards

Funnyman Ricky Gervais, right, has revealed he turned down a leading role in the lucrative Pirates Of The Caribbean film franchise because he didn't want to play "a comedy pirate" on the big screen. [IMDB.COM](#)

**entertainment 17****Suicide sparks family tragedy****Blue Genes**

Author: Christopher Lukas
Publisher: Doubleday
Price: \$27.95 (Hardcover)

In Blue Genes, Christopher "Kit" Lukas tells the real-life story of his family's past and the delicate relationship with his brother Tony. While Kit found his calling behind the scenes in television, Tony flourished as a Pulitzer Prize-winning journalist. But, the suicide of a depressed Tony in 1997 recalled all too well the death of their mother by her own hand when they were just boys. Blue Genes allows Kit an outlet to reflect on how depression has ravaged the lives of those close to him and to navigate the difficult road toward escape.

Brian Coulton/for Metro Canada

**Miss Chopsticks**

Author: Xinran
Publisher: Vintage
Price: \$21.95 (Paperback)

Inspired by Xinran's work as a journalist probing the lives of Chinese women in arranged marriages, Miss Chopsticks explores what it means to be female living in modern China. The novel introduces the Li sisters (named Three, Five and Six for their birth order) who quickly learn that it's a man's world. The three are brought up with ideas of women as serviceable compared to their male counterparts. When they move from their rural village to the big city of Nanjing, the sisters learn how the place is one of cultural metamorphosis and a breeding ground for change.

Brian Coulton/for Metro Canada

BookPicks

To read more reviews, visit [metronews.ca](#).

In brief

BOX OFFICE Samuel L. Jackson ruled the weekend box office in North America for the second time this year with his crazy cop thriller Lakeview Terrace, raking in \$15.6 million, while moviegoers largely ignored three other new releases. Burn After Reading slipped to No. 2 with \$11.3 million and My Best Friend's Girl took in \$8.3 million. [REUTERS](#)

Heroes' high 'Q' factor**IntelleVision**

Rick McGinnis

rick.mcginnis@metronews.ca

JUST FOR ONE DAY: The Q rating — one of those strange quasi-scientific phantasms of the marketing business — is a way of measuring the emotional appeal of anything from a politician to a breakfast cereal, and according to a recent study done by Marketing Evaluations Inc., the company that came up with the Q test back in the Mad Men era of 1963, Survivor, Heroes and House are the leading primetime Q scorers.

According to Marketing Evaluations, the Q score is an indicator of "the commitment that key viewers have to continue watching a show into the future," which would be a very big deal for a show like Heroes, which got off to a roaring first season and had its inevitable sophomore slump amplified rather sharply by having its second season cut in half by the writers' strike last winter, which forced a cut to a whole storyline.

Season two ended with the usual cliffhanger, one that felt like a pointed reference to the 1968 assassi-

nation of Robert F. Kennedy — Nathan Petrelli (Adrian Pasdar) lying on the ground with two bullets in his chest, cradled by his brother Peter, shot by an unknown gunman just as he was about to blow the lid on the whole mutant underground/The Company thing. Season three begins tonight four years in the future — some rain-slicked one where everyone dresses in black and slicks back their hair; why, I'm moved to ask not for the first time, does the future so often look like Berlin in the '80s?

Peter Petrelli (Milo Ventimiglia) is on the run from some shadowy mob, and ducks into the usual convenient empty warehouse to find Claire (Hayden Panettiere) pointing a gun at his head, obviously well

pissed at him for some as-yet-unspecified king hell betrayal.

The preview disc I saw only included half of the 2-hour season premiere, but it set a brisk pace from the first minutes. There's a new side to Sylar, it seems, and Nathan gets religion. You didn't really think he was dead, did you?

He's not the only Lazarus, though, which highlights my biggest problem with the show; with all those powers ricocheting around, death is often just an inconvenient stumble, and you can usually count on any given corpse showing up later. It's the oldest comic book storyline switchback in the book, but it does absolutely nothing to ramp up the dramatic possibilities, since it lowers the stakes to negligible, somewhere between a videogame and the "They killed Kenny!" gag that even South Park saw fit to drop after a few seasons.

Rick McGinnis writes about music, movies, books and television, but not opera.

WHAT'S YOUR SIGN?

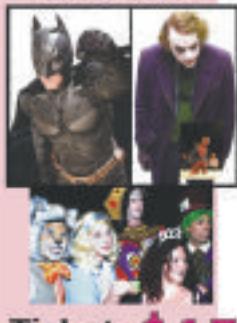
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critics' corner**Dirty Jobs**

Insert your "rotten to the core" joke here. In "Dirty Jobs of the Big Apple," host Mike Rowe is in a New York state of mind. There are 8 million stories in the naked city, and almost as many unpleasant ways to earn a living. Rowe doesn't get to all of them, but he does take on the construction of a water tower atop a skyscraper and learns how to repair elevators. Those with fears of heights or small spaces need not apply. 10 PM on 42 DIS

**Heroes**

Yeah, it's been a while. So new viewers and established fans alike should check out this hour-long clip show recapping the action to date on this very busy fantasy drama series. When we left our heroes, Peter (Milo Ventimiglia) was about to go public with his flying power when he was gunned down by a mysterious man in black. The two-hour third-season premiere follows, with Sylar (Zachary Quinto) back in action and badder than ever. 8 PM on 9 NBC

cable variety

PT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/22/08	265	353	2	TVO	Time Team "Denia"	The Agenda With Steve Paikin	Midsomer Murders	Monarchy "Survival"		Agenda-Paikin		
	211	331	3	GTV	ET Canada	Entertainment	Prison Break (HDTV) (N)	Heroes	The identity of the shooter is revealed. (N)	News (N)		
-	-	5	SRC	Virginie (SC)	Les Parent	L'Auberge du chien noir (SC)	Hauts	Le Téléjournal (SC)		La Zone		
209	342	6	RCR	Robson Arms	TMZ (N)	Sarah Connor Chronicles	Two/Half Men	Hole in Wall	The Mentalist "Pilot" (N)	News		
196	311	7	CTV	Hollywood	eTalk	Dancing With the Stars			(10:01) CSI: Miami (N)	News (N)		
208	303	8	CBC	Coronation St.	Jeopardy! (N)	The Englishman's Boy (2008, Drama) Michael Therriault			CBC News: The National	The Hour		
-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Heroes (HDTV) (N)	Heroes	The identity of the shooter is revealed. (N)		News (N)		
117	713	10	TV	Les Auditions de Star Académie	Annie et ses hommes (SC)	Dr. House (HDTV) (SC)	Bob Gratto	Les Voisines	TVA 22 heures (10:45) Denis Lévesque	Vie de couple		
-	-	11	QS	CT	Criss Angel	CSI: NY (SC)	Do Not Disturb	Cent dix pour cent (SC)		Folie-aventure		
137	763	12	TLC	Panorama	Carnets d'expédition		L'Arche russe *** (2002, Drama) Sergei Dreiden					
-	362	13	CBS	Dr. Phil (HDTV)	Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami (N)	Two/Half Men		
216	395	14	CINN2	Cold Case "One Night"		News (N)	News (N)		2Half Men	Friends	Bhangra	
214	344	15	CITY	Law & Order: SVU	To Be Announced	Reaper			To Be Announced		News (N)	
115	343	16	CFMT	2Half Men	The Simpsons	Vivere II	News (N)		The Simpsons	King of the Hill	Metropia	
218	345	18	EI	The Insider (N)	E! News	"Til Death	Do Not Disturb	Worst Week	Boston Legal (N)	News (N)		
-	361	20	ABC	News (N)	Entertainment	Dancing With the Stars			(10:01) Boston Legal	News (N)		
512	396	24	CPAC	Revue Politique	L'Heure politique	Sur la piste électorale					Tavis Smiley	
651	355	25	CTS	Happy Days	Laverne	Michael Corin Show	100 Huntley Street		Life Today (This Is Day)	John Hagee		
-	365	36	FOX	TMZ (N)	Seinfeld	Sarah Connor Chronicles	Prison Break (HDTV) (N)	News (N)				
-	-	64	PBS	Business Rpt.	Wings-Canada	Antiques Roadshow	American Experience "Reagan: Lifeguard" (DVS)					
205	312	104	CTV	Hollywood	eTalk	Dancing With the Stars						
502	390	26	NW	CBC News: Around the World		Canada Votes: Your Turn	CBC News: The National					
500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center	Larry King Live					
406	417	27	MLB	Baseball Cleveland Indians at Boston Red Sox. From Fenway Park in Boston.								
126	730	28	RDI	RD1 en direct	Élections	Grands reportages (SC)	Le Téléjournal (SC)					
400	280	30	TSN	Monday Night Countdown (HDTV) (Live)		NFL Football	New York Jets at San Diego Chargers. (HDTV) (Live)					
410	403	28	SCR	RideNight								
411	457	56	OLN	Ed's Up	Videos	How Not to Die "Urban"	Mantracker (N)					
417	406	59	SC	Pinks (HDTV)	Pass Time	This Week in NASCAR (N)	Big Shots: Titans at the Tee					
554	544	48	TEL	George-Jungle	Bugs Bunny & Tweety Show	Gleen	Total Drama	Futurama				
557	540	51	FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	American Dad	Robot Chicken	Life's a Zoo		
551	542	65	YTV	The Next Star	Prank Patrol	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline Proj.	Mystery Hnt.		
570	580	29	M	mmmtop	Revival	Listed	Where You At	Revival	Gene Simmons	Party of Five		
615	520	31	A&E	CSI: Miami (HDTV)		Intervention	Intervention "Caylee"		Paranormal	Paranormal		
628	584	32	SPKE	CSI: NY (HDTV)		CSI: NY (HDTV)	Verminators (N)		CSI: NY "Oedipus Hex"	CSI: NY		
521	560	34	TLC	Little People	Little People	Kids by the Dozen	Jon & Kate Plus 8		Jon & Kate	Kids by Dozen		
145	761	35	SHO	Tous une histoire		Wie privée, wie publique "Secrets dévoilés, secrètes vóles"			Festivals	Expression		
616	521	39	SHO	Love-Death	Painkiller Jane	Kenny-Spenny	Rent-A-Goalie	Names Is Earl	Name Is Earl	The Office		
620	523	40	BVO	Desperate Housewives	Baby Ballroom	And They Danced			Moments in Motion	Law & Order		
520	505	42	DIS	Digital Planet (N)	MythBusters	Terminators			Dirty Jobs (N)	Daily Planet		
575	583	43	CNT	Cheerleader Nation	Karaoke Star "Toronto ON"	Reba	Hope & Faith	Home Improve.	Karaoke Star			
601	562	45	SLC	End of Leash	ET Canada	Spoiled Rotten	Wedding SOS	Party Mamas	Project Runway (N)	End of Leash		
625	548	46	COM	Air Force	Just for Laughs	Corner Gas	The Simpsons	South Park	The Cho Show	Simple Life	Daily Show	
294	529	47	TBS	MLB Baseball Atlanta Braves at Philadelphia Phillies. From Citizens Bank Park in Philadelphia.					Family Guy	Family Guy	Seinfeld	
600	564	49	H&G	House Hunters	Property Virgin	Design U	House Hunters		Holmes-Homes			
627	528	50	SPC	Lost "Solitary"		Star Trek	Battlestar Galactica		Eureka "Best in Faux"	Stargate SG-1		
581	566	53	MTV	The Hills	After	Canada's Next Top Model	Exiled	The Hills	The Hills	MTV Live		
618	524	54	TROP	TV Made, Do It	Very Bad Men	What Happen?	Make or Break	TV Made, Do It	Planet Soap	Reality	Final 24	
522	506	55	NCS			Battle 360	Tank Overhaul		NCIS	Crime Stories		
129	770	60	CD	Biographies "Demi Moore"		Legendes urbaines (HDTV)			Catastrophes			
261	394	61	V	Murder, She Wrote	Prime Minister	May-December	McLeod's Daughters (N)		The Koran (N)			
602	567	62	W	Will & Grace	Friends	How Clean	House	Love It or List It (N)	Real Est	Kim	Save Us-House	
269	350	70	APTN	Notre Dame		La Cité	Mishkenuta	Les Dieux sont tombés sur la tête *** (1981, Comédie)			Closer-Home	
621	527	71	TLK	The Ellen DeGeneres Show	TMZ (N)	eTalk	Katie & Peter: Next Chapter	The Tonight Show/Jay Leno		TMZ		
603	561	95	FN	Road Grill	Licence to Grill	Restaurant Makeover	Good Eats	Perfection	Ramsay's Kitchen Nightmares	Restaurant		

18 entertainment

Pamela Anderson has teamed up with animal-rights activists at People for the Ethical Treatment of Animals to encourage A-list stars to shun fashion designer Giorgio Armani for using fur. [IMDB.COM](#)

Celebrity Buzz**Fox defends female posers**

PHOTOS Actress Megan Fox has jumped to the defence of Disney stars Vanessa Hudgens and Miley Cyrus after their 2007 and 2008 private photo scandals, [femalefirst.co.uk](#) reports.

Naked snaps Hudgens took for boyfriend Zac Efron made their way onto the internet in 2007, embarrassing the actress. Cyrus experienced her own string of scandals this year when self-taken cellphone pictures also emerged on the Internet. She also posed for a Vanity Fair photoshoot that was deemed to be too saucy for a 15-year-old girl.

But Fox is outraged the young stars felt pressure to say sorry, insisting those responsible for exposing the candid snaps

should be blamed and ashamed.

"I would never issue an apology for my life and for who I am," she tells GQ magazine. "It's like, 'Oh, I'm sorry, I took a naked, private picture that someone, who is an a-hole, sold for money.' Someone betrayed Vanessa, but no one's angry at that person. She had to apologize."

METRO NEWS SERVICES

**Sex-y role for Cyrus?**

TV Sex and the City author Candace Bushnell wants teen sensation Miley Cyrus to play the young Carrie Bradshaw if her prequel novels are turned into movies or TV shows, [imdb.com](#) reports.

Bushnell has just signed a deal to pen two teen novels about her character Bradshaw's high school years and she'd love for Cyrus to take the lead in a TV or

film spinoff.

When asked to name her new Carrie — a part Sarah Jessica Parker has played on the big and small screen — Bushnell said, "I don't know ... What about Miley Cyrus?"

And it appears Cyrus is game — in a recent interview she said, "I'd love to do a younger, cleaner version of Sex and the City."

METRO NEWS SERVICES

**celebrity brief****Mills: Paul marriage had reward**

RELATIONSHIPS Former model Heather Mills does not regret her marriage to Beatles legend Paul McCartney — because she fell pregnant after years of heartache, [imdb.com](#) reports.

Mills and McCartney endured a messy public divorce earlier this year after six years of marriage. During their divorce battle, court papers leaked in which Mills falsely claimed McCartney was an abusive husband, a drunk and a wife-beater.

But now she has spoken out about their marriage and insists she does not regret it because it gave her a daughter.

Mills tells Britain's Daily Mail newspaper, "How would you feel if you had been through what I have?"

"But no, how can I regret something which gave us our beautiful daughter Beatrice? ... I could never regret something which gave me Beatrice."

"But I'm ready to move on in my life now. I'm not a negative person. I want to move on positively. I need to look at the bigger picture, which means helping those causes close to my heart."

METRO NEWS SERVICES

Wedding bells for Naomi Campbell?

MARRIAGE Naomi Campbell's billionaire boyfriend is preparing to propose to her, [femalefirst.co.uk](#) reports.

Vladimir Doronin, who has been dating the supermodel for several months, hinted he was ready to ask her to marry him at Campbell's recent charity catwalk show Fashion for Re-

lief, but stopped short of revealing when he will pop the question.

"Naomi is wonderful. Will I put a ring on her finger? Maybe very soon," he said. Campbell, 38, recently revealed she refuses to discuss marriage in case it scares her beau.

METRO NEWS SERVICES

Wahlberg, fiancee welcome Baby 3

BABY Actor Mark Wahlberg and his fiancee Rhea Durham have become parents for a third time after having a baby boy, [imdb.com](#) reports.

The couple welcomed the tot on Tuesday in Los Angeles.

A name for the baby has not yet been announced.

METRO NEWS SERVICES

**"This makes no sense at all ..."**

by Joe O'Neill

Stop the presses! **Heather Mills** does not regret her marriage to **Sir Paul McCartney**. More specifically, she does not regret failing to sign a pre-nup, and her reasons for this number approximately 50 million.

And, oh yeah, better throw the kid in there, too.

I sometimes suspect that **Yoko Ono** hired Heather to do what she did because Yoko was tired of her status of most hated person in history amongst Beatle fans, by which I mean approximately seventy-eight per cent of the population of the developed world.

If my suspicions are correct, Heather has earned her money.

Mills says she's ready to move on with her life and help with causes that are close to her heart. It's good to know that she will continue to do whatever it takes to ease the plight of 40-something, bottle-blond, one-legged "former models" who used to be married to Beatles bass players, against whom they've made false accusations of physical abuse.

Rest assured that Heather Mills, as long as she lives and breathes, will continue to make this world a better place. For Heather Mills, anyway.

And what of the couple's child, **Beatrice**, the little divorce court bargaining chip off the old block?

I'm a sucker for poetic justice, and if there's any in this case, Bea will grow up to become a fur-wearing, meat-eating, baby seal-clubbing landmine vendor who walks around all day singing, "I am the walrus, coo coo ca choo!"

NEWSDESK@METRONEWS.CA

Duchovny recovery a work in progress

REHAB Actor David Duchovny is "doing well" since admitting himself into rehab for sex addiction, according to one of his co-stars on hit U.S. TV show *Californication*, [imdb.com](#) reports.

The 48-year-old, who plays a sex-loving author in the raunchy cable show, checked himself into rehab last month in a bid to control his own sexual urges.

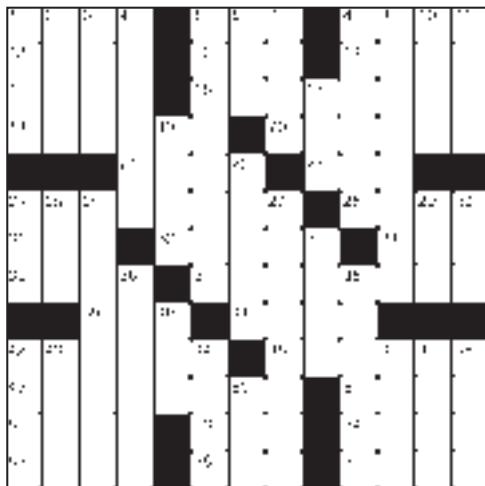
Actor Evan Handler has sent his best wishes to the star, and admits he's looking forward to getting back to work when Duchovny returns to the set.

He said, "The most I can say is that



WATCH OTTAWA'S NEWS LEADER

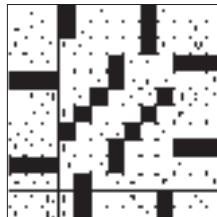
CTV
NEWS
Weeknights 6:00

Take Five**Crossword across**

- 1 Information
 5 "Platoon" setting
 8 Strikebreaker
 12 Enrages
 13 "Born in the —"
 14 Domesticate
 15 Oceans
 16 Menace
 18 Islamic leader
 20 To-do list entry
 21 Thailand, once
 23 Solidify
 24 Name
 28 Turned blue?
 31 Spelling contest
 32 1988 movie, "Without —"
- 34 Go schussing
 35 Sailor's mop
 37 Intensify
 39 Deity
 41 Birthright barterer
 42 Restitution
 45 Look up to
 49 Wolfram
 51 Heehaw
 52 "Beetle Bailey" dog
 53 Common Mkt.
 54 Unrivaled
 55 Disarray
 56 Post- opposite
 57 Tolkien's tree creatures

Crossword down

- 1 Platter
 2 Vicinity
 3 Blue hue
 4 St. Francis' home
 5 Small, short-tailed bird
 6 Blond shade
 7 Stallion's companion
 8 Didn't blink
 9 Action accelerator
 10 "So be it"
 11 Flex
 17 Work unit
 19 Leaning Tower of —
 22 Big fracas
 24 Couric's employer
 25 Chop
- 26 Chemically active substances
 27 Pest
 29 — out a living
 30 Lotsa noise
 33 "Zounds!"
 36 Beatnik's drums
 38 Hardly conceited
 40 Dentist's abbr.
 42 Fermi's bit
 43 Silent
 44 Stairway part
 46 Press
 47 Carry on
 48 Spuds' buds
 50 Always, in verse

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

5	7	4	2	3	9	1	8	6
3	2	1	5	8	6	9	4	7
6	8	9	4	7	1	3	2	5
2	4	3	1	5	8	7	6	9
1	6	7	9	4	3	2	5	8
8	9	5	7	6	2	4	3	1
7	3	8	6	1	4	5	9	2
4	1	2	8	9	5	6	7	3
9	5	6	3	2	7	8	1	4

Find today's answers + play more games at metronews.ca

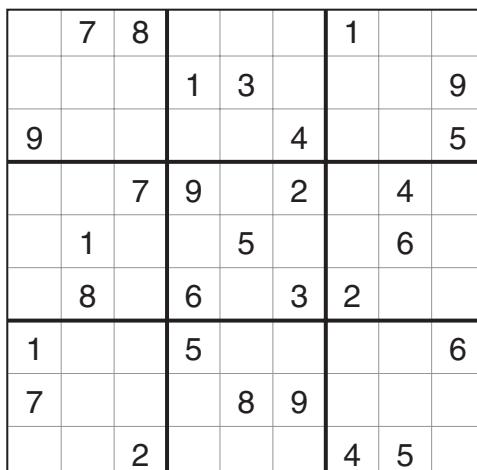
SUDOKU SOLVE TIME:
 Under 13 minGenius 17-21 minSmart
 13-17 minScholar 21-25 minNot bad
 25+ minKeep practising

Recipe of the day

COOK SMART FOR A HEALTHY HEART

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**Horoscopes**

ARIES
MARCH 21-APRIL 20

 Someone is bound to be snappy around you. You'll hear another sad story. A fine person will step in to unravel snarled messages.

LIBRA
SEPT 23-OCT 23

 Your secret love makes you think happy thoughts. A cryptic statement needs investigation. Don't eat to calm down after heated words are exchanged.

TAURUS
APRIL 21-MAY 21

 You will find new ways to make money. Contact with attractive people can put you in a great mood. Be patient with cynics.

SCORPIO
OCT 24-NOV 22

 A discussion leads to nervous tension. A co-worker's infatuation develops in spite of reluctance. Forgive yourself the expense of new clothing.

GEMINI
MAY 22-JUNE 21

 Put off making big buys until your financial status is stable. It's an easy day to make your way. Be adaptable to change at a moment's notice.

SAGITTARIUS
NOV 23-DEC 21

 An impractical person's actions indicate a pattern of neglect. A lack of documents hampers travel. Someone's mood has everyone in a funk.

CANCER
JUNE 22-JULY 22

 A relative calls late in the day. Beg forgiveness after a thoughtless insult. Communication will improve drastically.

CAPRICORN
DEC 22-JAN 20

 Your memory gets nudged by a trivial matter. Use cleverness to get around an irritating pest. A light-hearted mood is coming your way.

LEO
JULY 23-AUG 23

 A desirable object comes into your hands. Focus on settling fevered emotions. Be disciplined in the workplace.

AQUARIUS
JAN 21-FEB 18

 Romantic notions will dissolve after a temper tantrum. Be patient when someone attracts your attention. Create a fresh vision for others.

VIRGO
AUG 24-SEPT 22

 An incident involves someone else's possessions. Avoid controversy and spiteful people. An approach to romance fails to meet your standards.

PISCES
FEB 19-MARCH 20

 A lecture is the only flaw in the day. A unique person won't understand your convictions. You should trust your instincts.

This day in history

SEPT. 22, 1499: Switzerland became an independent state.
 SEPT. 22, 1692: Last people hanged for witchcraft in the United States.
 SEPT. 22, 1888: The first issue of National Geographic Magazine is published.
 SEPT. 22, 1893: The first American-built automobile, built by the Duryea Brothers, is displayed.
 SEPT. 22, 1896: Queen Victoria surpasses her grandfather King George III as the longest reigning monarch in British history.
 SEPT. 22, 1991: The Dead Sea Scrolls are made available to the public for the first time, by the Huntington Library.

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A front-three-quarter view of a dark blue Chevrolet HHR compact SUV.

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HHR**

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 - Standard air conditioning & power windows/locks/remote keyless entry
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& a fold-flat front passenger seat
 - 2.2L ECTEC 4-cylinder engine with 155hp


**FIVE-STAR FRONTAL
CRASH TEST RATING^o**

A graphic showing five yellow stars arranged horizontally, indicating a five-star frontal crash test rating.



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A red Chevrolet Cruze hatchback shown from a front three-quarter angle.

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